

## Richmond Youth Soccer U11 Selected Program, 2014-2015

Below is an overview of the 2014/2015 U11 (principally 2004 born players) RYSA Selected Program (the "Program").

**Purpose:** to introduce players to the various expectations and standards of selected soccer (having some fun along the way).

**Program Head Coach:** Doug Long returns to a program that he has coached in 3 of the past 5 years and several times previously. Currently Doug is the U12 Select Program Head Coach. Doug is Provincial B License certified. Doug will be supported by both professional coaches and volunteer parent coaches. Additionally, the curriculum includes weekly professionally delivered speed, strength and agility training.

**Duration:** the Program initially starts in April, 2014 and runs to mid/late June. This spring/summer portion of the Program will be structured so as to permit (and indeed promote) participation in other sports. Specific information on this spring/summer portion of the Program will be provided to participants selected to the Program. After the summer break, the Program will re-start in mid-August and continue until early March, 2015.

**Program Frequency:** during the September – March portion of the Program, the standard frequency will be four times per week (3 practices and 1 game). Players are expected to attend all practices and games. Practice days and times will be announced prior to the start of the season.

Number of Players: 24-26 players will be selected and will comprise two teams.

**Player Selection:** players are assessed over the course of their U10 year (this "on-going assessment" may be supplemented by some dedicated sessions for players interested in the Program. Such sessions would be in January and February, 2014).

**Player Registration Fees for 2014** – **2015:** will be posted on the RYSA web-site in late February – early March. As a result of professional coaching and increased Program frequency, fees are typically significantly higher than other U11 programming. Please note that the RYSA believes that all players, regardless of financial ability, should able to participate in all RYSA programs; therefore, the RYSA will provide financial relief to those players who are unable to pay for all or a portion of the registration fees.

**Next Step:** so that we may better identify and assess the players who may wish to be considered for the Program, please register your child by going to <u>www.richmondsoccer.com</u> (2014-2015 Assessments in the left menu bar). Registration closes Friday November 8, 2013.

**Questions?** Please keep an eye on the RYSA web-site (<u>www.richmondsoccer.com</u>) and visit the Richmond Guide posted on the web-site. Doug may be contacted at: <u>douglong.rysa@gmail.com</u>